

K.A.S.A SHOTOKAN GRADING SYLLABUS GODAN



KATA

- ❖ 6 KATA IN TOTAL TO BE PERFORMED
- ❖ A FAVOURITE KATA PERFORMED FROM THE GROUP E. THIS KATA MUST BE PERFORMED FIRST
- ❖ ONE KATA MUST BE PERFORMED FROM GROUP A,B,C,D AND SECOND KATA PICKED FROM GROUP E. THESE KATA CAN BE PERFORMED IN ANY ORDER



KATA

GROUP A

Heian shodan, Heian Nidan, Heian Sandan, Heian Yondan, Heian Godan, Tekki Shodan

GROUP B

Jion, Enpi, Bassai Dai, Kanku Dai, Hangetsu

GROUP C

Bassia Sho, Kanku Sho, Niushiho, Tekki Nidan, Jitte



KATA

GROUP D

Wankan, Tekki Sandan Meikyo, Jiin, or Gojushiho Dai

GROUP E

Sochin, Unsu, Gankaku, Chinte or Gojushiho Sho

- ❖ FOLLOWING THE 6 KATA PERFORMANCE A PRACTICAL BUNKI (LIFE PROTECTION) DEMONSTRATION & EXPLANATION MUST BE GIVEN FROM A SECTION FROM EACH 6KATA