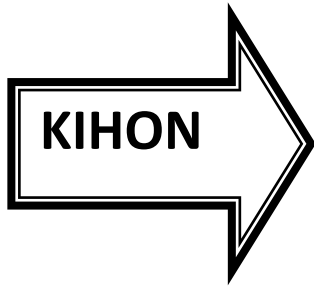


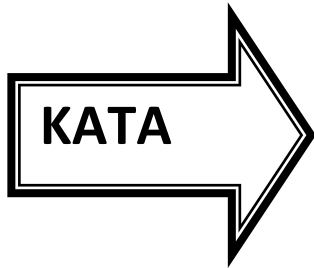
K.A.S.A SHOTOKAN GRADING SYLLABUS

JUNIOR ORANGE



FROM KAMAE, STEP FORWARD 3/5

- ❖ Oi Tsuki Jodan
- ❖ Oi Tsuki Chudan
- ❖ Jodan Age Uke
- ❖ Chudan Soto Uke
- ❖ Mae Geri Keage



50 % KIHON KATA ON THE COUNT